

Tips and Recommended Tools

Use a Sew Steady Table with Polish to ensure a smooth, flat surface and a Free Motion Glider. Free motion quilting with templates needs a larger, flat sewing surface.

Using Stable Tape on your templates makes quilting easier. You want the template to grip the fabric, not stick to it.

Do not press hard on the template, the template and fabric need to move freely.

Machine Tips

Don't worry about the stitch length when you begin, stitch length comes with practice. *See "Tension For Ruler Work" video on YouTube.

Set your machine to sew a straight stitch with the needle in the center position.

You can free motion quilt by lowering your stitch length to 0 or you can quilt with your feed dogs lowered.

The Ruler Foot should ride gently against the template with your fingers in the region of the Ruler Foot. *See "Westalee Ruler Foot for Domestic Machines" video on YouTube.

Recommend using Superior Titanium coated Topstitch Needles (recommended assortments #70/10, #80/12, #90/14, #100/16 - the larger the number, the thicker the needle), 30 weight thread (the larger the number, the thinner the thread).

SPECIAL NOTES:

Pfaff Sewing Machines

When using a Medium Shank Foot for your Pfaff machine, you will need to use either the Spring Free Motion setting for the Expression and Creative range of machines, or put your presser foot into the mezzanine position - free motion position - darning position (refer to your manual).

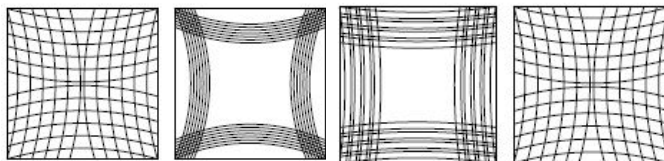
Bernina Sewing Machines

We recommend using the #77 Shank Adaptor (the #75 Shank Adaptor is too close to the needle plate, making it difficult to move templates as the shank adaptor presses on the templates).

When using the 7 and 8 series machines:

- 7 Series - Low Shank Ruler Foot, Presser Foot Pressure setting "minus 4"
- 7 Series - Medium Shank Ruler Foot, Presser Foot Pressure setting "minus 15"
- 8 Series - Medium Shank Ruler Foot Presser Foot Pressure setting "minus 25" and select Foot #9

These settings may vary slightly depending on the quilt thickness you are using.



How to Use the 12" Arc Template

The 12" Arc is an excellent tool when creating a straight line border for a block.

1) Place stable tape on the underside of your template at locations that would be pressure points when holding the template in place while sewing

2) Place the template at the beginning point of your desired design - make note of the markings on the template that you are using to create a consistent design

a. Place the ruler foot snugly against the template and pull your bobbin thread to the top

b. Begin sewing keeping the ruler foot touching the template, and tracing around the outside edge of the template

c. Once you are at the end of the template leave the needle down and move the template, line back up on the markings you selected and repeat this pattern until the end of the design, or the end of the block

4) In many cases there are etchings on the templates that allow you to echo and or offset your design by lining up the template on the stitch line you just made then use the selected etching on the template to create the echo or offset design



Spacing Gauge: If you're bordering another design, you can use the Spacing Gauge to create consistently spaced designs in increments of 1/8", 1/4" and 1/2".

For more information on how to use the Westalee Ruler Foot, Quilting Templates, or for machine set-up tips, visit:

www.sewsteady.com

<https://www.youtube.com/c/SewSteady>

www.facebook.com/SewSteady

www.facebook.com/pages/Westalee-Design/611677348976556

Sign-up for a FREE Ruler Work Class! Contact us to learn more.

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Free Motion
Quilting Made Easy

~~Westalee~~
Sew Steady

Medium Shank Ruler Foot™

RULER FOOT STARTER PACKAGE

Free motion quilting with templates on your home machine, no longarm needed! Use with over 350 template designs to get the look you want

Includes Ruler Foot, 12" Arc Template, Stable Tape + Spacing Gauge



Watch Instructional Videos on YouTube:
<https://youtu.be/USRCHZ9njHM>



Part# WF-PKGNEW-MS

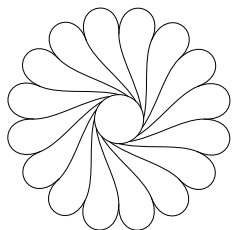
Works with
Low Shank Template™

Congratulations on purchasing the **Westalee Design Ruler Foot!**

The Ruler Foot is designed to enable quilters using domestic sewing machines to use rulers and templates for quilting beautiful quilts designs.

We have an ever growing range of templates for you to choose from, our templates are design specifically for use with a 1/2" Ruler foot.

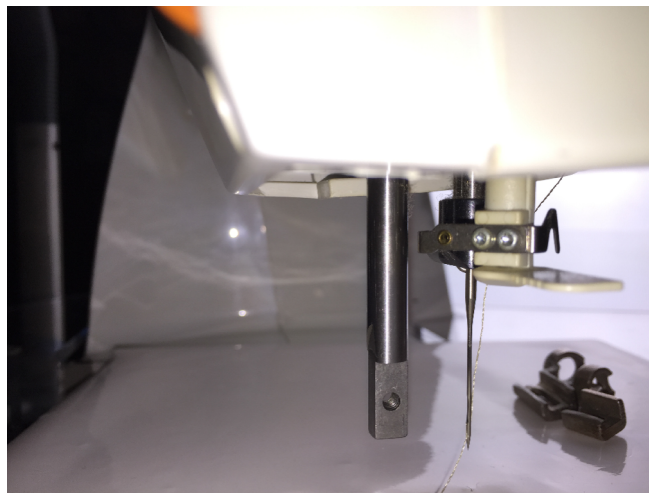
We hope that you enjoy discovering the creativity rulers and templates can bring to enhance your quilted projects.



How to Attach Ruler Foot to Machine

See "Westalee Ruler Foot for Domestic Machines" video on YouTube

- First make sure that your machine is set to a straight stitch in the center position.
- Simply remove the screw holding your foot to the shank.



- Lower the shank and place the Ruler Foot on the shank, replace the screw.
- You will now need to adjust the Ruler Foot height to suit your machine and quilt sandwich.
- Place the Spacing Gauge under the Ruler Foot. Lower the Ruler Foot until it just touches the Spacing Gauge (quilt sandwich can also be used in place of Spacing Gauge)



- With the screw just loose, raise your foot.
- Lower the needle to ensure the Ruler Foot is at its lowest position. Now adjust the Ruler Foot and finger tighten the Screw. Your Needle should be positioned to the center of the Foot collar.

Getting Started

Our Ruler Foot is designed to float above the surface of the quilt sandwich, just skimming the surface of the quilt sandwich. Consult your local dealer regarding free motion quilting on your machine. With about 3500 different sewing machines on the market, your local dealer will be the best resource for your specific model.

You may need to make slight adjustment to the height of the Ruler Foot to achieve the perfect position.

Use new needle and good quality thread.

Place a quilt sandwich under the foot and sew a test. As all machines are different and using different quilt sandwich thickness and different threads, it is always best to stitch a test.

Once you have the correct height, tighten the screw with a screw driver.

On some machines you may need to center the needle with the Ruler Foot.

You are now ready to quilt!



Important: The Ruler Foot is higher than standard feet and therefore you cannot lower the needle when the foot is raised. When using the Ruler Foot we advise that you turn on your machine with foot lowered.

WARNINGS: Please consult your machine manual or local dealer to ensure you're using the appropriate free motion settings for your machine. Westalee templates are designed with the correct thickness for use with the Ruler Foot. Other templates are not guaranteed to work with the Ruler Foot.

Sew Steady/Westalee Design will not be held liable for any unauthorized use of the Ruler Foot.